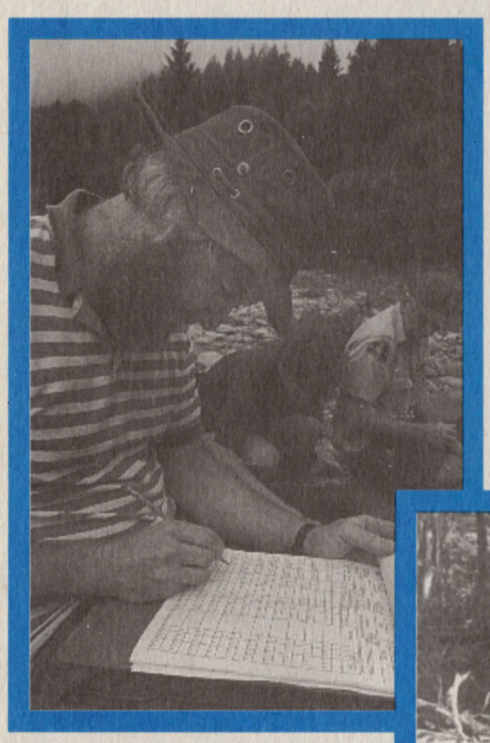
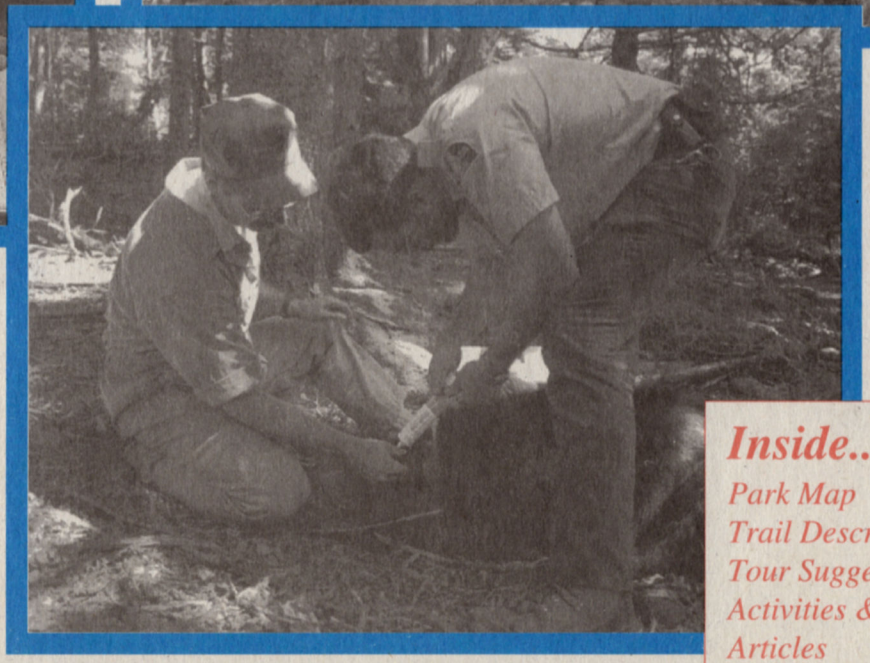
Fundy National Park

National Parks and Historic Sites | Parcs nationaux et lieux historiques

Salt & Fir

Visitor Guide





Science in the Park...

Inside...

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Aussi disponible en français

Welcome!

If you're looking for the easy side of adventure and the best side of nature, you've found it here at Fundy! At this national park there's plenty to see and explore — from the giant tides of the Bay of Fundy to some of the best hiking trails in the Maritimes. Our pathways lead you to spectacular coastal views, and deep into the highlands and river valleys of the park's interior. Camping, golf, swimming, tennis and lawn bowling are other recreational activities you may want to pursue during your visit here.

Our staff are committed to providing you with the best services and most enjoyable park experience in the Maritimes! We also strive to help you understand the ecology of this protected natural area, and how you can help keep our environment healthy, both during your visit and back home in your community.

Like all government operations, Fundy faces the challenge of budget cutbacks. We hope we've been successful in balancing your needs and expectations with the resources available, and that you'll let us know how we've done. Please take the opportunity to fill out a comment form while you're here. We appreciate hearing your concerns — and your compliments!

M.E. Johanson
Superintendent

On Our Cover

(Clockwise, from left)
Park Ecologist Doug Clay, assisted by Warden George Sinclair and researcher Mathew Jones, records data (length, weight, etc.) as part of a trout study.

Park Warden Alan Nicol and researchers Sara Richard *(right)* and Eleanor Blades *(left)* collect vegetation samples for the park's forest plot sample survey.

Chief Park Warden Peter Deering *(left)* assists Park Warden Paul Chamberland in ear-tagging and radio collaring a tranquilized black bear as part of a two-year study of the habits, health and territories of these large animals.

(cover photos: Brian Townsend)

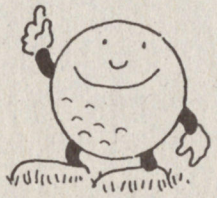
*The title **"Salt and Fir"** was borrowed from a local history book, which referred to the citizens of the area which is now Fundy National Park as "the people of the salt and the fir," because of their dependence on the sea and the forest.*

Special Events

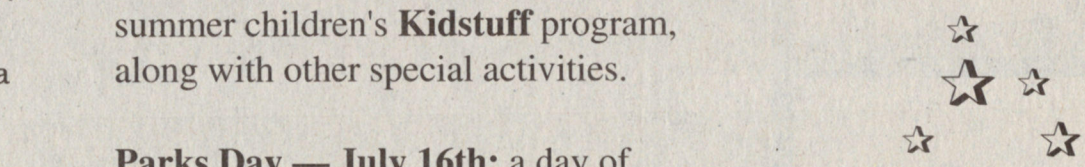
Canada Day
july 1st 1er juillet
La Fête du Canada

July 1st: always a fun day at Fundy! Watch for the official kick-off of the summer children's **Kidstuff** program, along with other special activities.

Parks Day — July 16th: a day of special activities celebrated by parks across the country.



Fundy Open Golf Tournament — September 10th & 11th



Nova East '94
October 7th - 9th: star-gazing with high-power telescopes, plus other astronomy events. Presented by the Halifax Centre of the Royal Astronomical Society, and the Saint John Astronomical Society.

Where to Camp?

Family Camping Park campgrounds offer you two climates — heat and sun at Chignecto and Wolfe Lake; cooler temperatures and sea breezes at Headquarters and Point Wolfe. Chignecto is a large, wooded campground with both fully serviced and unserviced campsites. Newly renovated, it features more and larger serviced sites, new service buildings, bike trails and facilities accessible to persons in wheelchairs. Wolfe Lake is a small, unserviced lakeside campground. Headquarters has sites for tents, trailers and RV's. Point Wolfe is a quiet, open area with excellent scenery and trails. All campsites are allocated on a first-come, first-served basis. Reservations are not accepted. If space is not available in the fully-serviced sites, you may place your name on a waiting list and attend a roll call the following day.

No matter which campground you stay in, don't forget about the recreational activities available to you in the Headquarters area: the golf course, adventure playground, tennis courts, lawn bowling green, and outdoor amphitheatre.

Wilderness Camping There are wilderness campsites on the Goose River, Marven Lake, Tracey Lake, Foster Brook and Upper Salmon River trails. To use these sites, you must register in advance at the Visitor Centre or Wolfe Lake information centre or at the Point Wolfe campground; or telephone (506) 887-6000. Payment for your site ($2/person/night) must be made when you pick up your permit. Campfires are permitted only where fireplaces are provided. Use of backpacking stoves is preferable because of their very small impact on the environment.

Group Camping Micmac campground is available to organized groups wishing to use the park for educational or recreational purposes. The consumption of alcoholic beverages is not allowed in the group campground.

All park campgrounds have kitchen shelters and a phone nearby.

Campground						Services	Fees
Chignecto May 20 - 23 June 17 - Oct. 10	✓	✓	✓	✓	✓	• dump station • playground • firewood sales • flush toilets • bike trail	unserviced $8 2-way $14 3-way $16
Headquarters May 18 - Sept. 5	✓	✓	✓		✓	• dump station • flush toilets	unserviced $10 3-way $15.50
Point Wolfe June 30 - Aug. 29	✓		✓			• flush toilets • laundromat • playground	unserviced $7.75
Wolfe Lake May 18 - Oct. 10	✓					• pit toilets	unserviced $6

Fees

All fees were accurate at the time of printing, but are subject to change.

Golf

Located in the Headquarters area, a nine-hole golf course is open May 20 to October 10. Call the Pro Shop at 887-2970 to reserve your tee-off time.

Green Fees

One Round	**$ 9.50**
One Day	**$18.00**
4 Days	**$54.00**
7 Days	**$90.00**

Seasonal green fees are also available for individuals, couples and juniors.

Swimming

A saltwater pool, heated to 25°C, is open June 25 to September 5 from 11:00 a.m. to 7:00 p.m. (last admission at 6:30 p.m.). Lifeguards are on duty. Visitors camping in park campgrounds have free admission to the pool: get your hand stamped at the campground kiosk. The pool is located off the Point Wolfe road, in the Headquarters area.

Pool Entry

	Child	Adult	Family
One Day	**$1.50**	**$2.50**	
One Week	**$7.50**	**$12.50**	**$30.00**
Season	**$30.00**	**$50.00**	

Unsupervised swimming is available at the Bennett Lake and Wolfe Lake beaches. Swimming in the Bay of Fundy is best at Waterside or Dennis beaches, 12 kilometres east of the park on Hwy 915.

Boating

The park's lakes are open to non-motorized craft. Canoes, rowboats and sailboats may be rented at Bennett Lake for $3.00 to $5.00/hour.

Photo: Brian Townsend

Boat rental concession at Bennett Lake

Fishing

A national park fishing permit is required and is available at campground kiosks, the Visitor Centre and the Wolfe Lake information centre [1 day ($4.00), 7 days ($6.00) or annual ($13.00)]. Brook trout season is May 21 to September 15 (catch limit 5/day). The Point Wolfe River, including Bennett Brook up to the lower falls, is closed to all fishing. The Upper Salmon (Alma) River is open to fly fishing only. Wolfe Lake may be closed to fishing periodically during the summer, to minimize disturbance to nesting loons; notices will be posted. There is no open season for Atlantic Salmon in the park because of low salmon populations both in the park and the adjacent inner Bay of Fundy rivers.

Tennis & Lawn Bowling

Tennis and lawn bowling are located adjacent to the Seawinds restaurant in the Headquarters area. Equipment rentals are available at the Pro Shop from May 20th to October 10th.

Tennis racquets & balls $1.55/person/hour
Lawn Bowling $1.25/person/hour

Vehicle Entrance Permits

From June 17th until September 5th, a permit is required to visit the park with a motorized vehicle.

One Day $5.00
4-Day $10.00
Annual $30.00
Local Annual $20.00

Services Inside the Park

Fundy Park Chalets, P.O. Box 72 Alma, N.B. E0A 1B0
Housekeeping units. **(506) 887-2808**

Caledonia Highlands Inn and Chalets, P.O. Box 99 Alma, N.B. E0A 1B0 Housekeeping units. **(506) 887-2930**

Fundy National Park C.H.A. Hostel on Devil's Half Acre Road. Open June 1 - Labour Day. **(506) 887-2216**

Seawinds Restaurant and takeout, overlooking the golf course.

First aid is available at the Visitor Centre, at the Wolfe Lake Information Centre and at all campground kiosks.

☆ Visitor Centre, Wolfe Lake Information Centre
☆ Headquarters Campground, Chignecto Campground
☆ Boardwalks and overlooks at Alma Beach and Point Wolfe
☆ Seawinds Restaurant
☆ Swimming Pool

☆ **TDD: 887-6015**

INFORMATION??

Spring Hours
Visitor Centre
May 20 - June 17
Mon. - Fri. 8:15 a.m. - 4:30 p.m.
Weekends 10 a.m. - 5 p.m.
Wolfe Lake
Information Centre
May 20 - 23, 9 a.m. - 9 p.m.

Summer Hours
Visitor Centre
Daily 8 a.m. - 9 p.m.
(887-6000)
Wolfe Lake
Fridays, 9 a.m. - 9 p.m.
Sat. - Thurs. 10 a.m. - 6 p.m.
(432-6026)

Fall Hours
Visitor Centre
Sept. 6 - Oct. 10
Mon. - Fri. 8:15 a.m. - 4:30 p.m.
Weekends 10 a.m. - 5 p.m.
(Wolfe Lake closed)

Travelling with Your Pet?

Is your dog or cat visiting the park with you? You are required by law to keep your pet on a leash at all times, for both their protection and the protection of park wildlife.

If you're camping with your dog, "quiet hours" also apply to Fido: don't let him howl and bark the night away! Remember to "stoop and scoop" at your campsite and at day-use areas. When hiking with your dog, move him off the trail to relieve himself.

Your camping neighbours, your fellow hikers and park wildlife appreciate your consideration!

Value for your Dollar $ $ $

You may be interested to know that Parks Canada can now turn the revenues it collects right back into providing you with services and facilities. Before, all revenues collected were deposited in a central government account; now the revenue each park collects helps to directly cover the costs of operating and maintaining that park. Despite this, our revenues will still only cover approximately 20% of our operating costs.

What impact will these changes have on your wallet while you're here at Fundy? At press time, it was uncertain which fees would be adjusted, but there may be some minor changes in camping fees, recreational fees, and the seasons during which we collect entry fees. These will be phased in over the next few years.

Our objective remains to provide you with the best services and facilities possible so that your visit to Fundy will be the highlight of your vacation. The recent renovations to Chignecto campground are one example of how we've responded to your needs, as are the efforts we're putting into upgrading our facilities so that they're accessible to visitors with disabilities. You're seeing your dollars at work!

Services Outside the Park

Food Services: Year-Round

Harbourview Market, groceries and lunch bar, Alma
MacDonald's Self-Service, groceries and snack bar, Alma
N. B. Liquor Corporation, Alma
Albert Variety (Quik Mart), Riverside-Albert
Bett's Variety, Riverside-Albert
Maples Canteen, take-out, Riverside-Albert
Morrissey's Groceries, Riverside-Albert
Woodworth's Groceries, Hopewell Hill
Rocks View Variety, groceries and take-out, Hopewell Cape
Kaye's Corner Store (groceries), Penobsquis
Timberland Motor Inn (lunchbar), Penobsquis

Food Services: Spring/Summer/Fall

Butland's Fundy Lobster Shop, Hwy 114, 2 km east of Alma
Fundy Take-Out, Fundy View Drive, Alma
Sandy's Steak & Seafood, Alma
Kelly's Bake Shop, Alma
Parkland Dining Room & Take-Out, Alma
Shepody Lounge, in the Parkland Hotel, Alma
The Lobster Shop, Ocean Drive, Alma
Old Bank of New Brunswick Café, Riverside-Albert
Red Roof Restaurant, Riverside-Albert
Log Cabin Restaurant, Hopewell Cape
Steeves' Family Restaurant, 3 km east of Hopewell Cape
The Rocks Provincial Park Restaurant, Hopewell Cape
Ginger Bread House Bakery, Penobsquis

Lodging: Inns & Motels

Alpine Motor Inn, Alma, 887-2052, some hskpg. units
Anchor Inn, Alma, 887-2801
Bayview Motel, Alma, 887-2103, trailer hook-ups available
Burns' Motel, Alma, 887-2909, some housekeeping units
Captain's Inn, Alma, 887-2017
Fundy View Cabins, Alma, 887-2113
Parkland Hotel, Alma, 887-2313
Shepody Lodge, Harvey, 882-2667
Hopewell Rocks Motel, Hopewell Cape, 734-2975
Steeves' Family Cottages, Hopewell Cape, 734-2551
Pine Cone Motel, Penobsquis, 433-3958
Timberland Motor Inn, Penobsquis, 433-2480

Lodging: Bed & Breakfasts

Cleveland Place, Alma, 887-2213
Babbling Brook, Riverside-Albert, 882-2079
Broadleaf Farm, Hopewell Hill, 882-2349
Broadleaf Too, Hopewell Hill, 882-2803
Dutch Treat Farm, Hopewell Hill, 882-2552
Peck Colonial House, Hopewell Hill, 882-2114
Florentine Manor, Harvey, 882-2271
Aiko's Villa, Hopewell Cape, 734-3160
First Mate's, Hopewell Cape, 734-3208
Pollock's Heritage Farm, Hopewell Cape, 734-2252
Sheriff's Inn, Hopewell Cape, 734-3013

Guides & Outfitters

Baymount Outdoor Adventures, Hillsborough, 734-2660
ECO Tours, Fredericton, 452-0995
Fundy Hiking Holidays, Box 24, St. Martins, 833-2534

Campgrounds & Camping Supplies

Bayview Trailer Park and Mini-Golf, Alma
Cape Enrage Campground, Cape Enrage Rd. off Hwy 915
Broadleaf Farm, camping, Hopewell Hill
Ponderosa Pines Park, 3 km west of Hopewell Cape, Hwy 114
Steeves' Family Campground, 3 km east of Hopewell Cape
KOA, Penobsquis
Lone Pine Park Campground & Cabins, Penobsquis
Pine Cone Trailer Park, Penobsquis
Shell Station, camping supplies, Main St., Alma

Gifts, Crafts & Art Galleries

Alpine Gift Shop, Main St., Alma
Cleveland Place, Main St., Alma
Lonesome Rose Pottery, off Hwy 114, 12 km east of Alma
Treasured Memories, Hwy 915, New Horton
Mountain Ash Crafts, Hwy 915, Harvey
Joie de Vivre, Main St., Riverside-Albert
The Berry Patch, Riverside-Albert
R&J Homestead Craft Barn, Hopewell Cape
Animaland, Penobsquis
Magic Lantern Shells and Gifts, Penobsquis
Honey Tree Farm, R.R. #2, Petitcodiac

Gas Stations

Esso; Betts, Riverside-Albert
Irving; Rocks View Variety, Hopewell Cape
Shell; Alma
Ultramar; Maples Canteen, Riverside-Albert,

Car Repair

Lyman's Garage, Hwy 114, 12 km east of Alma, 882-2920
Dixon's Repair Shop, Hopewell Hill, 882-2872

Medical Services

Clinic in Riverside-Albert, 882-2911
Alma Clinic (Tuesdays only), 887-2300
Hospital in Riverside-Albert, 24 km east of park, 882-2750
Pharmacy, Riverside-Albert, 882-2226

Sunday Religious Services

Holy Ghost R.C. Church, Riverside-Albert, 10 a.m.
United Church, Main St., Alma, 11 a.m.
United Baptist Church, Main St., Alma, 9:45 a.m.
Anglican Church, Riverside-Albert, 9 a.m.

Public Transportation

Bus and rail terminals are in Moncton and Sussex
Airports are in Moncton and Saint John

Bank

Bank of Nova Scotia at Riverside-Albert, open Monday to Friday, 10 a.m. - 3p.m., also open 3 - 5:30 p.m. on Thursdays. The nearest automatic banking machines are in Sussex and Moncton.

Laundromat

Main St., Alma, adjacent to the Parkland Hotel

Interpreters Share Fundy's Secrets

From late June to mid-October, Fundy National Park offers free interpretive services to help you discover the natural and cultural wonders of the Fundy coast. A detailed schedule of these events is posted on park bulletin boards, at park information centres and at campground kiosks.

Guided walks go ahead, no matter what the weather. When the weather is inhospitable, evening programs at the Headquarters outdoor theatre move indoors to the Assembly Hall.

Guided Walks Beach walks are offered most days during July and August. You'll explore the bottom of the sea, watch the tide rise and glimpse a world of unusual creatures. Distance walked is usually less than one kilometre. Longer guided walks explore Fundy's forests and rivers.

Evening Programs Slides, music and drama will take you on a special journey through the park or into the past. Programs last about one hour and start near dusk. If the night feels cool, bring a coat or blanket. If it's warm, bring insect repellent.

Campfire Programs Songs, stories and a cheery blaze are the ingredients of these programs, presented once a week at the campfire circle across the highway from Chignecto campground. Bring your best singing voice, a flashlight, and a mug for something warm.

Kidstuff Children 6 to 12 years old explore the outdoors with games, drama and art. Carrying the message "play gently in the national park so that it will always be here to enjoy," these events last one hour. Check the bulletin boards for details.

(Photo: Brian Townsend)

Travelling Exhibits Stop by for a few minutes (or longer!) and chat with a park interpreter about Fundy's natural or cultural heritage. Check the schedule posted on the bulletin boards for details on time and location.

(Photo: Brian Townsend)

Special Events Woodland walks. Star-gazing. Bird-watching. Watch the bulletin boards for special events throughout the summer. Participation may be limited for some activities. If so, you can pick up free advance tickets at the Visitor Centre.

Self-Guiding Trails

Caribou Plain: (3.4 km loop) Flat terrain, easy walking, great birdwatching! Bogs, beavers and a journey through the Acadian forest.

Kinnie Brook: (1.4 km one way) Explore the depths of a rocky river valley and the mystery of the vanishing stream! Moderate difficulty.

Dickson Falls: (1.5 km loop) Cascading water, excellent photo opportunities and a cool respite from a hot summer day! View the falls from above and below, via a system of boardwalks and stairs. Easy to moderate difficulty.

Devil's Half Acre: (1.1 km loop) Fundy's seaside geology is livelier than you might expect! Close to the Headquarters area. Easy.

Shiphaven: (.5 km, one way) A look back to the time of the lumberjacks at Point Wolfe. Easy

Exploring Fundy's Trails

Fundy National Park's 104 km of walking trails are a source of great enjoyment for our visitors. Each year, improvements are made to the trails as part of a long-term development plan, and in response to comments we receive from you.

Advance planning will ensure that you enjoy a safe hike. A sweater and windbreaker are good insurance against Fundy's variable weather. Footwear with good traction and support, such as running shoes or lightweight boots, is recommended. Avoid heavy lug-soled boots: they tear up the park's shallow soils. A waterproof topographic map with trail profiles can be bought at the information centres. Vehicle parking is available at all trailheads.

The Fundy Circuit

By following 50 km of linked hiking trails, you can complete the Fundy Circuit (see map). This 3 - 5 day excursion will take you through river valleys, past lakes and waterfalls, along the coast and through hardwood and mixed forests. Along the way are three wilderness campsites (for which you must pre-register) and two campgrounds. The route links seven trails: Coastal, Shiphaven, Marven Lake, Bennett Brook, Tracey Lake, Laverty Falls and Upper Salmon River. It's best to hike the Fundy Circuit in the order listed above.

The Fundy Challenge

Accept the challenge to hike 100 km in Canada's national parks! The Fundy Challenge, a project

sponsored by the Fundy Guild, imposes no time limit for reaching this goal, so day-hikers can participate as easily as avid backpackers. Only 10 km must be walked in Fundy; the rest can be completed in any national park.

Record each hike in your official hiking log (available at park kiosks and information centres), and have it initialed by a park employee. Participation is free, but you will have to pay $6 for the pin you receive once you've reached your goal. This fee covers mailing costs plus the "tags" you can add to your pin as you complete each additional 100 km.

Mountain biking is currently restricted to five trails: Goose River, Marven Lake, Black Hole, Bennett Brook, (up to top of Point Wolfe valley), and East Branch (take the right-hand side to the river and return the same way). All these trails were once logging roads. The other hiking trails are not built to withstand the wear and tear of bicycles; nor do they offer enough space for both hikers and bikers. Avoid accidents: remember that you're sharing the trail with hikers.

☑ Safety Check

RIVER CROSSINGS The Upper Salmon, Bennett Brook and Foster Brook trails require fording of a river. When the water is high, these crossings can be dangerous. Water levels are monitored, and the crossings are closed when conditions are extreme. Signs at the trailhead will indicate the closure. If you feel uneasy about the water conditions, turn around and retrace your steps. Always exercise caution when travelling in the backcountry.

TRAIL DESCRIPTIONS

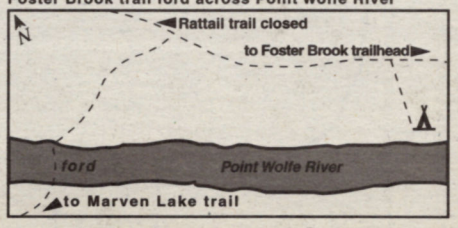
Note. We recommend the more complete trail information to be found in the "Fundy National Park Trail Guide" or "A Hiking Guide to New Brunswick." Both are available for sale at the Visitor Centre and the Wolfe Lake Information Centre.

⛺ = BACKCOUNTRY CAMPSITES.

Park trails are grouped into three categories: easy, moderate, and difficult. Easy trails do not have any major hills. Moderate trails require climbing occasional hills. Difficult trails include extreme grades, rough terrain, and/or river fords. Please note that the time suggested for each trail is the average hiking time and includes only brief stops.

TRAIL NAME	EASE	LENGTH	TIME	HIGHLIGHTS
COASTAL				
Herring Cove Beach	moderate	0.5 km loop	20 min.	**Access to beach** and tidal cave, return via stairs (on south side of cove) and old road, lookoff to left via Coastal trail.
Shiphaven	easy	0.5 km (one way)	15 min.	**Trail offers magnificent view** of the Point Wolfe River estuary.
Point Wolfe Beach	moderate	0.3 km (one way)	10 min.	**Descent to beach** via boardwalk and stairs through towering red spruce forest.
Devil's Half Acre	easy	1.5 km loop	30 min.	**Split rocks and mossy gullies** attributed to a quarrel with the devil.
Matthews Head	moderate	4.5 km loop	1-1½ hr.	**Old wagon road through** balsam fir forest and fern glades, former homestead with rock foundations, grassy meadows and breathtaking panoramas of bay, including Squaws Cap sea stack. Supervise children at clifftop overlooking bay.
Coppermine	moderate	4.4 km loop	2-2½ hr.	**Small footbridges over mossy brooks**, cool shaded forest, old mine site, splendid view of Fundy coast, good for bird-watching.
Coastal	difficult	3.2 km pool area to Herring Cove 6.9 km Herring Cove to Point Wolfe	1½-2 hr 2-2½ hr	**Sea cliffs and vistas** of the bay, ridge-top view of rolling hills, Matthews Head, Squaws Cap sea stack, fern glades, and lush coastal forest.
Goose River ⛺	moderate	7.9 km (one way)	2-2½ hr.	**Old cart track** with roadside wildflowers, view of Martins Head, wide sand bar at Goose River sheltering a small salt marsh, rugged cliffs at river mouth.
WATERFALLS				
Dickson Falls	easy/moderate	1.5 km loop	30 min	**Boardwalk dipping through a cool valley** past tumbling cascades to a waterfall.
Third Vault Falls	difficult	3.7 km (one way)	1-1½ hr.	**Park's tallest waterfall** (16 m) in deep valley, invigorating pool at its base, mist-bathed rock amphitheatre, steep climb back to trailhead.
Laverty Falls	moderate	2.5 km to the brook (another 2.6 km to Shepody Rd.)	1-1½ hr 1-1½ hr	**Curtain waterfall**, hardwood forest on the slope mixing with conifers near the brook and out to Shepody Road, gradual slope to the brook.
RIVER VALLEYS				
Kinnie Brook	moderate	1.4 km (one way)	¾ hr.	**Steep-walled valley**, disappearing stream, lush vegetation on floodplain.
Foster Brook ⛺	difficult	3.0 km (to ford on river- one way) 1.4 km (river to Marven L. trail- one way)	2.5- 3 hr.	**Trail through shaded forest,** Atlantic salmon restored to Point Wolfe River, wide cobble bar and floodplain, ford and steep climb to Marven Lake trail through older growth red spruce. Wilderness camping.

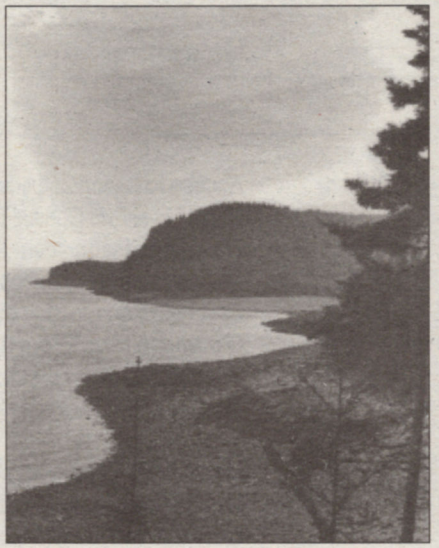
Foster Brook trail ford across Point Wolfe River



Nature and history await hikers of all ages and abilities on the trails of Fundy National Park.
The trail descriptions and map can be removed from Salt & Fir to serve as a general hiking guide. More detailed trail information is available in the "Fundy National Park Trail Guide" or in "A Hiking Guide to New Brunswick".

Photo: Brian Townsend

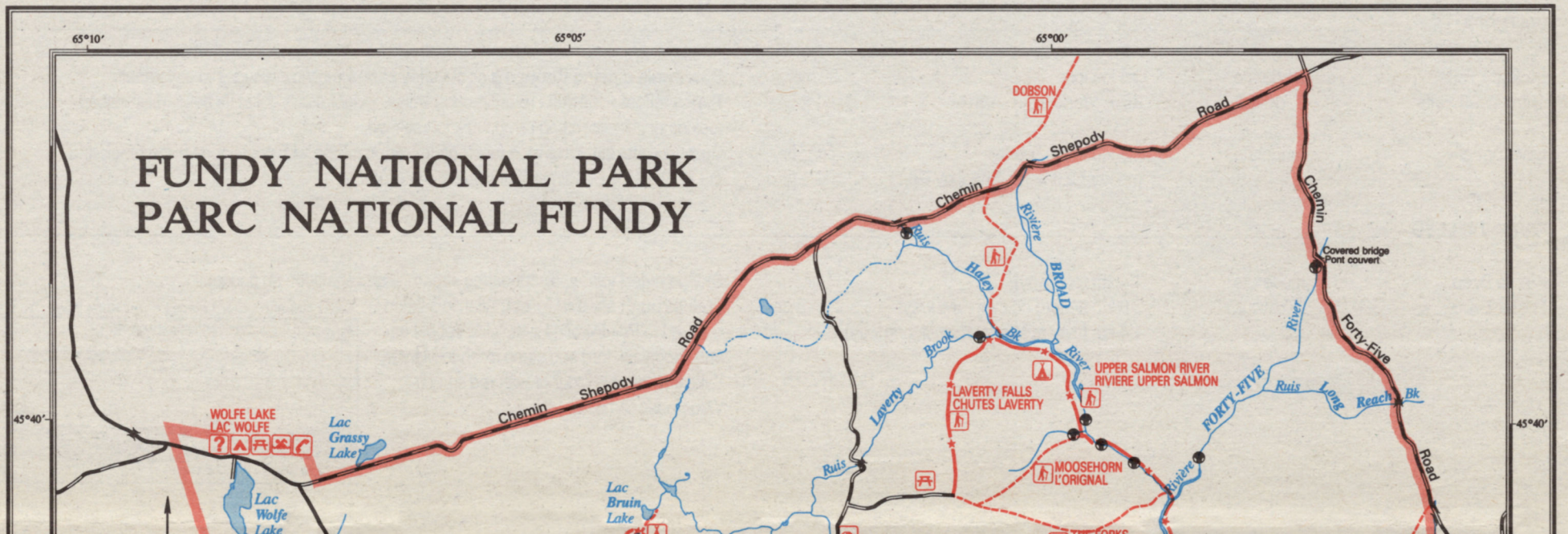
Coppermine trail

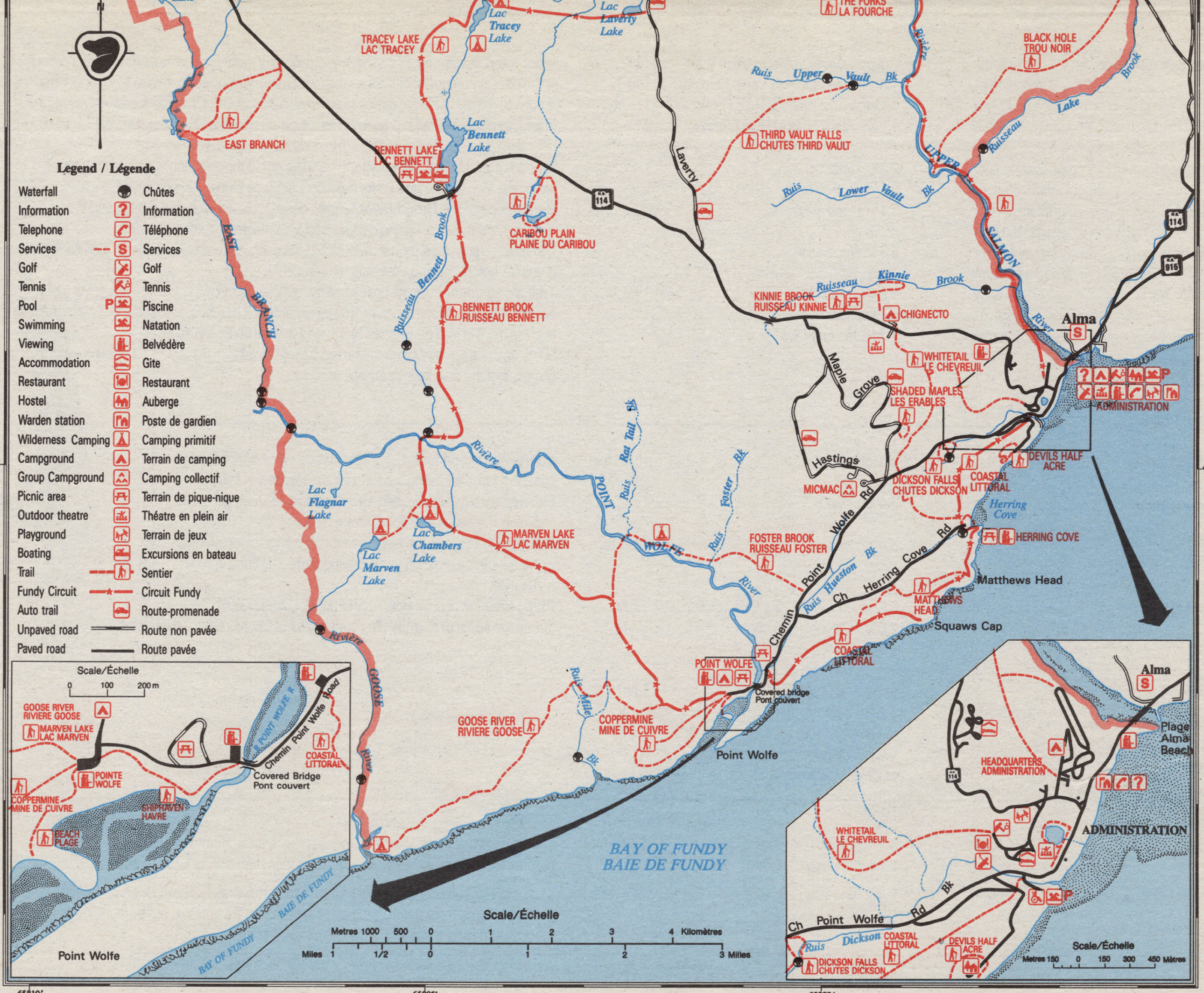


View from Devil's Half Acre

Photo: Brian Townsend

Tracey Lake trail




Legend / Légende
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Poste de gardien
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Terrain de camping
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Lac Tracey Lake
Lac Laverty Lake
THE FORKS
LA FOURCHE
BLACK HOLE
TROU NOIR
Ruis Upper Vault Bk
Rivière
Brook
Lake
Ruisseau
EAST BRANCH
BENNETT LAKE
LAC BENNETT
Lac Bennett Lake
Laverty
THIRD VAULT FALLS
CHUTES THIRD VAULT
UPPER
Ruis Lower Vault Bk
SALMON
114
CARIBOU PLAIN
PLAINE DU CARIBOU
EAST BRANCH
Ruisseau Bennett Brook
BENNETT BROOK
RUISSEAU BENNETT
Ruisseau Kinnie Brook
KINNIE BROOK
RUISSEAU KINNIE
CHIGNECTO
Alma
River
WHITETAIL
LE CHEVREUIL
Maple Grove
SHADED MAPLES
LES ERABLES
ADMINISTRATION
Hastings
MICMAC
DICKSON FALLS
CHUTES DICKSON
COASTAL
LITTORAL
DEVILS HALF
ACRE
Herring Cove
HERRING COVE
Rivière
Rat Tail Bk
Ruis Foster Bk
Lac Flagnar Lake
Lac Chambers Lake
MARVEN LAKE
LAC MARVEN
Lac Marven Lake
POINT WOLFE
Ruis
FOSTER BROOK
RUISSEAU FOSTER
Wolfe Rd
Herring Cove Rd
Matthews Head
Ruis Hueston Bk
Ch
Point
Chemin
MATTHEWS
HEAD
Squaws Cap
COASTAL
LITTORAL
POINT WOLFE
Covered bridge
Pont couvert
Point Wolfe
Rivière
GOOSE
River
Ruis Mills Bk
GOOSE RIVER
RIVIERE GOOSE
COPPERMINE
MINE DE CUIVRE
BAY OF FUNDY
BAIE DE FUNDY
Scale/Échelle
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WOLFE
POINT WOLFE R.
Chemin Point Wolfe Road
COASTAL
LITTORAL
Covered Bridge
Pont couvert
COPPERMINE
MINE DE CUIVRE
SHIPYARD
HAVRE
BEACH
PLAGE
Point Wolfe
BAY OF FUNDY
BAIE DE FUNDY
Alma
Plage
Alma
Beach
HEADQUARTERS
ADMINISTRATION
ADMINISTRATION
WHITETAIL
LE CHEVREUIL
Ch Point Wolfe Rd
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COASTAL
LITTORAL
DEVILS HALF
ACRE
DICKSON FALLS
CHUTES DICKSON
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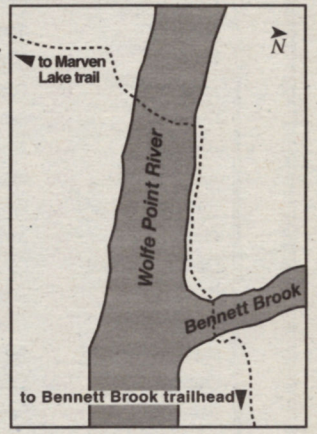
Metres 150 0 150 300 450 Mètres

Upper Salmon River	moderate	2.6 km Laverty to Moosehorn	1 hr.	**Alder-lined floodplain, steep valley**, old logging dams, rapids, waterfalls, water-worn potholes, salmon pools; difficult section with rock-scrambling between Moosehorn and the Forks. (If hiking the loop, easier to go down Moosehorn or the Forks and up Laverty.) The Upper Salmon trail is a spectacular introduction to Fundy's backcountry.
	very difficult	1.8 km Moosehorn to Forks (2 fords)	1 hr.	
	difficult	4.1 km Forks to Black Hole (1 ford)	1½-2 hr.	
	difficult	4.7 km Black Hole to HQ (1 ford)	2 hr.	
Moosehorn	moderate to river difficult return	2.2 km (one way)	1-1½ hr.	**Named after a logger's portage**, steep descent to the river, smooth riverbank rocks, potholes. Moosehorn and Forks trails connect (see Upper Salmon River).
The Forks	moderate to river difficult return	3.4 km (one way)	1½-2 hr.	**Confluence of the Broad River**, with its deep pools and scoured banks, and the Forty-Five River, with its beckoning canyon and Matchfactory gorge upstream.
Black Hole	easy to river moderate return	5.5 km (one way)	2 hr.	**Old road overarched by hardwoods**; at the river, Atlantic salmon rest in the Black Hole in the fall before moving upstream to spawn.
Bennett Brook	easy	6 km to the river	1½-2 hr.	**Trail along upper edge of brook valley**, spectacular view from bluff 150 m above the river, lower part of brook has falls and rapids, first ford on Bennett Brook and 2nd ford on Pt. Wolfe R. 50 m upstream, rocky climb to Marven Lake trail with glimpses of the river valleys far below.
	difficult (2 fords)	1.7 km from river to Marven Lake trail	1 hr.	

Bennett Brook trail ford across Point Wolfe River



FOREST LIFE

Shaded Maples	easy	0.5 km loop	15-30 min.	**Young hardwood forest**, quartz outcrops, small springs, large variety of ferns carpeting the forest floor, colourful in fall.
Caribou Plain	easy	3.4 km loop	1-1½ hr.	**Flat trail through evergreen and hardwood forest**, good bird-watching. Active beaver pond. Great for the kids!
East Branch	easy	5.6 km loop	2-2½ hr.	**Giant birch and spruce** reminiscent of the original forest, relics of the lumbering era: log yard, logging dam, and hauling road to the river.
Whitetail	moderate	2.6km Admin. to Chignecto junction	1¼ hr.	**Prime area for seeing deer**, panorama of Maple Grove from ridge south of Point Wolfe Road, views of the bay from Coastal trail.
	moderate	2.6 km Chignecto junction to Point Wolfe Road	1¼ hr.	
	difficult	1.9 km Point Wolfe Road to Herring Cove	1 hr.	
	moderate	3.2 km section of Coastal trail to complete 10.3 km loop	1½ hr.	
	easy	0.8 km Chignecto campground to Chignecto junction	½ hr.	

LAKES

Tracey Lake	easy	4.1 km Bennett to Tracey Lake	1½ hr.	Links four small lakes, home to moose, black spruce, and pitcher plants. Trail between Laverty Lake and Tracey Lake may have wet areas.
	easy	2.8 km Tracey to Laverty Lake	1 hr.	
Marven Lake	moderate	8 km (one way)	2-2½ hr.	Leads to Marven and Chambers lakes, wilderness lakes, shallow and dark with acids from their boggy edges, home to brook trout, bullfrogs, moose, and beaver. (See Bennett Brook trail for connector.)

Touring Fundy

The Tidal Coast

This is a one hour tour, following the coast. Stop first at the Alma beach parking area. From the lookoff platform, check out the "tide pole" which graphically illustrates the bay's giant tides.

(Photo: Brian Townsend)

Next, turn off Hwy 114 onto the Point Wolfe road and follow it to the Herring Cove turnoff. At Herring Cove, an exhibit on the observation deck explains the bay's geology and the plants and animals inhabiting the intertidal zone. Back at the Point Wolfe road intersection, turn left. Drive through the covered bridge — there's an historical exhibit on the west bank of the river. Now drive up the hill, turn left and take a short walk to the spectacular view of a tidal estuary. An exhibit on the park's peregrine falcon re-introduction program highlights the return of this rare species to the Fundy coast.

Scenic Byways

Only have a couple of hours? Take the backroads of Fundy for some scenic drives, particularly in the fall. Turn onto the Hastings road from Hwy 114 and enjoy a quiet and close-up view of Fundy's forests on your way down to the Point Wolfe road. Turn right and drive out to the covered bridge and stop for a look at the exhibit. Return to the turnoff for the Hastings and Maple Grove roads and take the Maple Grove road back up to Hwy 114. Turn right and continue down the highway to the panoramic bay overlook. **(Sorry, no RVs or trailers on the sometimes rough Hastings and Maple Grove gravel roads!)**

Fundy On Foot

A day of easy hikes and fascinating explorations. Check the interpretive schedule for the time and place of the day's beach walk, an hour-and-a-half stroll on the bottom of the sea with a Park Interpreter. Follow that up with a half-hour walk into beautiful Dickson Falls, off the Point Wolfe road. Your last hike of the day will be to the Caribou Plain bog, off Hwy 114 just east of Bennett Lake. Reward yourself with a treat back in Alma village when you're finished.

Got A Day?

Join the day's guided walk. Drive through the Point Wolfe covered bridge and then find out more about its history at the nearby exhibit. A walk to beautiful Dickson Falls, off the Point Wolfe road, will offer a cool respite on a hot day (only a half-hour return hike). Plan a picnic lunch at Bennett Lake off Hwy 114. Back at the Headquarters recreational area, play a round of golf, a set of tennis or a game of lawn bowling (equipment may be rented at the Pro Shop).

A Two-Day Stay?

For the first day select one of the options above and add in one of the park's interpretive evening programs at the outdoor theatre (they start near dusk—check the interpretive schedule for time and topic). In the morning of the second day, hike to Matthews Head, a 4.5-km loop hike, or on the 4.4-km Coppermine trail (also a loop). Both are of moderate difficulty but reward the hiker with expansive views of the bay. Refresh yourself with a swim in the heated saltwater swimming pool in the afternoon.

(See the centrefold map to find your route.)

Fundy Coastal Drive

The sheer force of one hundred billion tons of seawater advancing and receding twice daily has sculpted the dramatic Bay of Fundy shoreline of jagged cliffs, sandy beaches, snug harbours and salt marshes. The scenic provincial Fundy Coastal Drive touches them all. Follow the clifftop lighthouse signs when you leave the park: experience a special part of New Brunswick!

Exploring Albert County

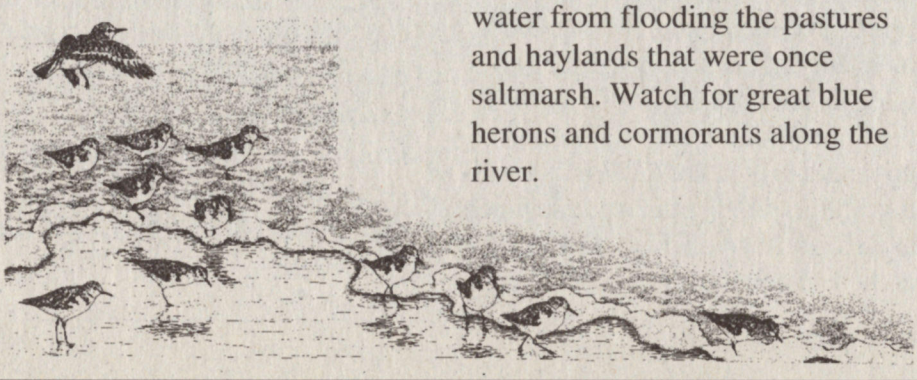
Outside the park, the rolling hills and sculptured coastline of Albert County offer scenic drives and pleasant rambles. Side roads lead to covered bridges, hidden beaches, wildlife-watching, and peeks into the past. Here are some suggestions.

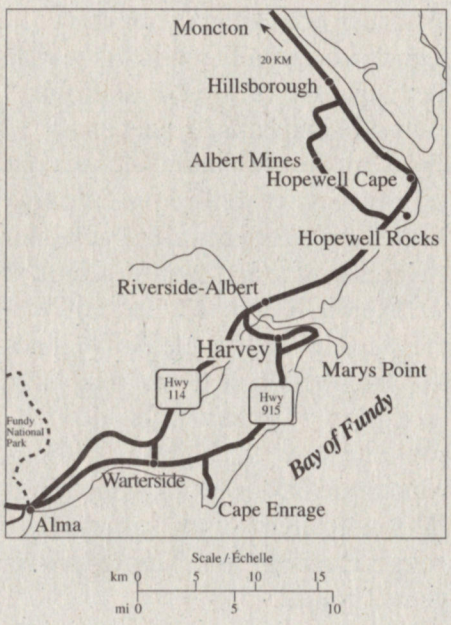
Hwy 915

The 32 km route from Alma to Riverside-Albert on the old coastal road provides many scenic vistas.

Dennis and Waterside beaches provide miles of sand, swimmable waters, and great updrafts for kite flying. Red Head is a tall sea stack that divides Waterside beach from Dennis beach; great for artists and photographers. The saltmarsh at Waterside is excellent for bird-watching.

Shepody Bay Western Hemisphere Shorebird Reserve, including Marys Point, has immense flocks of migrating shorebirds in late July and August. Look for the blue sign and direction arrow at the junction of Hwy 915 and Marys Point Road, and at the parking area. A short trail leads to the interpretation centre and the beach. The centre is open during the day seven days a week, and is also open early evenings when the tide is high.





Cape Enrage This headland and its lighthouse are visible from the beaches of Fundy National Park. Rappelling, canoeing and kayaking are offered (with optional instruction sessions). Call 887-CAPE. Stairs down the cliff invite beach combing with a good chance to find fossils.

Harvey Tidal Dam, on the Shepody River, is visible from the Marys Point Road. Like the Acadian dikes of old, the dam lets fresh water out but prevents salt water from flooding the pastures and haylands that were once saltmarsh. Watch for great blue herons and cormorants along the river.

Hwy 114

The 23 km from Alma to Riverside-Albert is the inland route that follows, in part, the former Albert Southern railway line.

Germantown marsh, part of the Shepody National Wildlife Area, is the site of waterfowl habitat improvement projects and a 7-km woodland hiking trail bordering the south side of the marsh.

The Old Bank of New Brunswick at Riverside-Albert houses a museum and a small café. The old lighthouse on the property serves as a crafts sales outlet.

Hopewell Cape

The Museum-in-a-Gaol and the old Albert County Courthouse, at Hopewell Cape, are operated by the Albert County Historical Society, and are worth a visit at any time.

"The Rocks" Provincial Park is the home of the tall sea stacks known as "the flowerpots." The pillars, caves, and arches are the work of the giant tides. The best time to explore is close to low tide, particularly in the morning.

We Recycle!

Photo: Brian Townsend

Park Publications. Recycle your park brochures for use by other visitors by placing them in the re-use bins at campground exits or park information centres.

Recyclable Materials. Clear glass, coloured glass, aluminum cans, household plastic containers and plastic bags are all accepted at the recycling depots throughout the park.

Aluminum cans need no preparation before disposal. Wash out your glass containers and remove any metal such as caps (no need to remove the labels!). Rinse out all plastic containers — the whole load of plastic cannot be recycled if it includes unwashed items.

Registered Redemption Centre
You can recycle your beverage containers and newspapers at Maples Canteen on Hwy 114 at Riverside-Albert.

☑ Safety Check

SWIMMING Going for a swim in one of the park's rivers can be an enjoyable experience. The following precautions must be taken to ensure that the water conditions are safe.

- **Do not swim where the current is strong.**
- **Never swim alone.**
- **Never dive into the river, even if it appears to be deep enough** (rocks are hidden just below the surface).

A swim in the Bay of Fundy can be refreshing when the tide is high on a hot summer day, but beware of possible tidal currents and undertow if the waves are large.

Winter at Fundy

Fundy doesn't hibernate when the snow falls. It's a lively place with plenty to do: tobogganing, snowshoeing, winter camping, wildlife watching and, most popular of all, cross-country skiing — highlighted by the Fundy Loppet in mid-February. The loppet is a cross-country ski event for the whole family and is sponsored by the Chignecto Ski Club. Skiers may choose to complete loops of 5, 10, 20 or 30 km. Call the park for details of the 1995 edition!

Fifty kilometres of trails, including gentle slopes and challenging downhill runs, are groomed throughout Fundy's snow season. Several bed & breakfasts remain open year round in the area; a restaurant and other services are available in the village of Alma.

To get you started on your winter adventure, consult the park's Winter Guide: ask for a copy at the Visitor Centre. You can also phone or write for information at any time of year.

☑ Safety Check

BLACK BEARS
Black bears are wild residents of Fundy that require your respect. With your co-operation, bears and park visitors can co-exist. Please keep trails and your campsite clean. Report all bear sightings to Park Wardens or to information centre staff. For more information about black bears, consult the pamphlet "You are in Bear Country".

Sampling the Forest

If you're one of Fundy's many repeat visitors, you've undoubtedly noticed many changes in the park's forests over the years. Where once pathways were shaded by a canopy of mature trees, hiking has become a shoulder-to-shoulder experience with battalions of young evergreens and hardwoods crowding the trailside.

Back in 1976, 34 sample forest plots were chosen and marked here in the park. Data from these plots was collected in 1976, 1982-83, 1989 and 1992. In each survey year, the number and size of all the tree species in each sample plot were recorded. A recent analysis of the data revealed the changing story of the forest.

Between 1969 and 1982, the population of spruce budworm was at very high levels. Several seasons of intensive budworm feeding led to the death of most of the park's older fir trees. This has since opened up the forest for new fir and birch seedlings to spring up — changing the species composition, forest structure and even the wildlife mix of the park.

As we continue to monitor Fundy's forests, we can detect and measure slow changes in the forest which may be occurring because of global warming, acid precipitation or high-level ozone depletion. Only in protected areas such as national parks can we conduct such long-term monitoring.

Can They Survive?

What are the necessities of life? It depends on who — or what — you are. For wildlife species, there are many delicately balanced "necessities" which must be present for each of them to thrive and survive.

Last fall Fundy National Park in its role as the core of the Greater Fundy Ecosytem research project and a partner in the Fundy Model Forest, played host to a national workshop on Population Viability Analysis (PVA). This leading edge technology was applied to the resource studies under way at the Park. PVA manipulates field data by computer to help resource managers understand the risks facing small wildlife populations, and to choose management strategies to increase the chances of survival for those populations.

Many animal populations that were common in our country's once vast wilderness have been reduced to small, fragmented patches in protected natural areas like national parks. If isolated for a very long time, sooner or later a few years of bad luck, such as extreme weather or disease, will decimate the population in those population pockets and the species may be wiped out of that area.

Scientists attending the PVA workshop shared knowledge gained from the 1993 field research season in the Fundy area, and then used computer modelling techniques to determine what additional field data would be needed from the ongoing research projects on the pileated woodpecker, American marten and the northern flying squirrel. From that field research, enough will be learned about how these species use the land in and around Fundy so that recommendations can be made on improved land use outside the park. These recommendations will help to ensure the survival of these species in the park area.

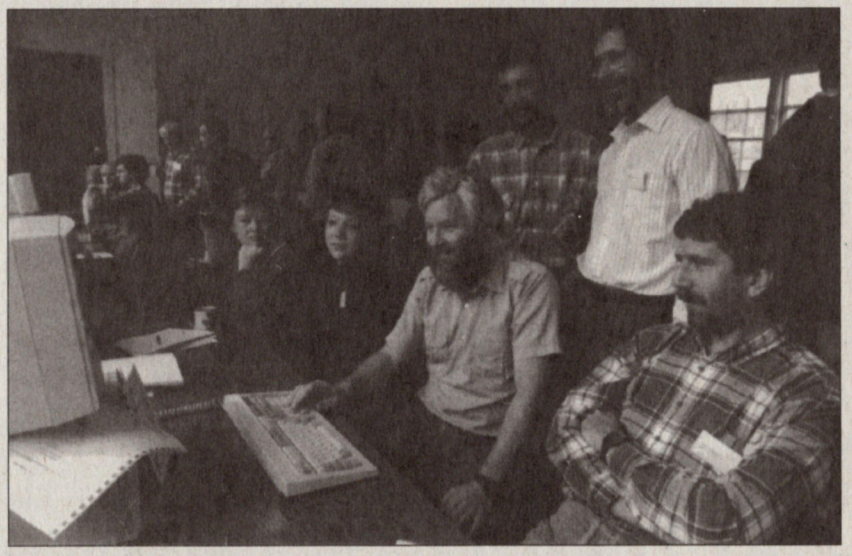


Photo: Brian Townsend

Biologists are guided by Dr. Robert Lacy (standing, right) of the Chicago Zoological Society in the application of his population viability modelling program.

The Benefits of Old Age...

National parks are some of the few places in Canada where trees can grow old enough to die of natural causes. Older forests are becoming increasingly rare in North America. In our region, recent forest harvesting operations have brought clearcuts and plantations right to the park's doorstep. The survival of wildlife dependent on older forests is the focus of an active research program now under way in the park and the rest of the Fundy Model Forest.

Older forests are complex, having large trees with extensive branch systems, large crowns or broken tops; dead standing hollow trunks (snags); and large fallen logs. This complexity allows many wildlife species to take up residence and establish natural population cycles. Equally important, certain animals become specialized to take advatage of the unique characteristics of these stands. Three such species in the Fundy region — pileated woodpeckers, northern flying squirrels and American marten — are being used as barometers of the health and survival of the older forest.

Pileated woodpeckers use large-diameter trees for nesting and roosting, and they forage for insects in dead wood. Flying squirrels use tall trees from which to launch themselves on nightly glides through the open forest and they capitalize on holes in snags for nesting. Marten hunt through the treetops for a meal of red squirrel, travelling along an aerial highway formed from the large branch systems.

Following 1993's summer of live-trapping, radio-collaring and tracking of flying squirrels, researcher Shawn Gerrow reports that these nocturnal animals are about as abundant as red squirrels in some parts of our forests. Park conservation biologist Stephen Flemming spent his summer and fall at the top of ladders, checking nesting sites for pileated woodpeckers and establishing base-line data on population numbers. This year's efforts will focus on radio-tracking these large birds to assess their response to forest fragmentation in the Fundy region. Attempts at live-trapping marten for radio-collaring and tracking met with empty traps last summer; a winter field season yielded more positive results, with both re-introduced and park-born animals being caught. Maryse Bourgeois is leading the marten research and will focus on the species' critical habitat.

By studying these indicator species which depend on the old-growth forest, researchers can determine the factors that are crucial for maintaining healthy wildlife populations — and a healthy and diverse ecosystem — in the Fundy region.

FUNDY
MODEL FOREST NETWORK
RÉSEAU DE FORÊTS MODÈLES

FUNDY MODEL FOREST

The Fundy Model Forest (FMF) is an experiment in working together to maintain the health of the environment and the economy. The FMF project will demonstrate to the public and to resource managers how forest land can be managed according to the principle of sustainable development — how we can use the Earth's resources to sustain human society while ensuring that those resources continue to survive and flourish for the well-being of the planet as a whole.

Fundy National Park's role in the project is to provide a benchmark area against which the impacts of adjacent land management practices can be assessed. A major component of the scientific research proposed for the FMF is associated with the Greater Fundy Ecosystem (GFE) project, a partnership in which Parks Canada is the co-ordinating agency, and Fundy National Park is the primary area of interest.

The FMF is funded as part of the "Partners in Sustainable Development" program of Canada's Green Plan. For more information about the FMF, call (506) 432-2806, or write: Fundy Model Forest, RR#4, Aiton Rd., Sussex, NB E0E 1P0

Backcountry Basics

To make sure that your backcountry trip is an enjoyable experience, there are some important things you can do to protect the park's wilderness and ensure your own safety.

Use common sense in the backcountry. Never hike alone.

You must register for your backcountry campsite ahead of time at the Visitor Centre, at the Wolfe Lake information centre, at a campground kiosk, or by telephoning (506) 887-6000. Payment of backcountry camping fees ($2/person/night) must be made when you pick up your permit. Be sure to report your return by handing in your backcountry permit — that way we know you're safely back. Also take the opportunity to let us know about difficult trail conditions you may have encountered. It will help us to better maintain and monitor our trail system.

Remember the "pack-in, pack-out" motto: be sure that whatever you take into the wilderness, you bring back out again. If you see litter left along the trails by less careful hikers, pack it out too! Never throw garbage down the pit privies, and don't bury your garbage. It can easily be dug up by bears and raccoons.

Wherever possible, use backpacking stoves for cooking. Never gather deadwood from the forest for fires. Use the grates provided. Do not construct fire circles. Firewood is available at most campsites.

The Broad River backcountry campsites are designated zero-impact sites. At the sites, your goal is not to consume any of the resources of the area, so the burning of wood for cooking or heat is out, and you'll need to bring along a backpacking stove.

Stay on the trails. They have been constructed for your safety. Going off the trail can get you lost very quickly. It also damages plants and creates un-sightly sidepaths.

Enjoy wildlife at a distance. Park animals are wild: feeding wildlife may be hazardous to their health — and to yours! Store your food in such a way that odours do not attract animals to your campsite at night.

Collecting specimens and souvenirs or defacing natural features and man-made facilities deprives other visitors of the opportunity to enjoy them.

Leaving no trace of your stay is the goal of zero-impact camping. By doing so, the next campers will be able to enjoy the same sense of wilderness solitude that made your backcountry camping in Fundy such a special experience.

Loons at Wolfe Lake

Loons are often seen along the Fundy shore, but the first recorded observation of common loons *(Gavia immer)* inland at Wolfe Lake occured only in 1965. It wasn't until eleven years later that a pair of loons was spotted with a young bird swimming alongside -- the first indication that loons had successfully nested on the lake. Loons continued to nest here intermittently for the next decade, and since 1989 they have nested every year.

Loons are considered a barometer of wilderness 'quality' — their haunting call is one of nature's most beautiful sounds. Unfortunately, their nesting activities are easily disturbed, particularly in late May and early June when they are choosing their nest sites. For this reason, sections of the lake may be closed to angling by boat for short periods of time during the summer. Notices will be posted to inform you of when, where and why the closures are taking place. You can help ensure that loons remain a part of the Fundy's family of wildlife by respecting these closures.

Where to Look for Animals

Here are a few suggestions on where to look for some of Fundy's animals.

Peregrine Falcons: soaring over Alma Beach.

Moose: lakes and swamps at dawn or dusk, in particular in the area from Bennett Lake west to Wolfe Lake.

Beaver: Bennett, Laverty and Wolfe lakes and Caribou Plain trail.

Deer: roadsides, old fields, golf course. **Non-golfers walking on the golf course to view deer risk injury and cause disruptions in play.** Please do your deer-watching from the Point Wolfe road.

Coyotes: roadsides, in particular along Hwy 114 between Chignecto campground and Laverty road; old fields; sometimes heard calling near the Micmac group campground.

Canoe Clinics

Introductory canoeing lessons are offered at the Bennett Lake boat rental concession every Tuesday and Thursday 10:00 to 11:00 a.m., from July 5 to August 25. These are for adults and children 10 years of age and older. No pre-registration is required but there is a $5.00 per person fee. Clinics in more advanced canoe handling are available upon request. For information on these clinics, see the boat rental concessionaire at Bennett Lake or call Jean Proctor at (506) 433-4637.

The Fundy Guild

Working together, the Fundy Guild's members and the staff of Fundy National Park have done much to make your stay more enjoyable and informed. The Fundy Guild is a registered non-profit association which cooperates with the park to promote and interpret its natural and cultural history. You probably know the Guild best from its services in the Visitor Centre at park Headquarters and at the information centre at Wolfe Lake, where it sells books, souvenirs and nature guides.

Guilde de FUNDY Guild

What you may not know about is the Fundy Guild's special behind-the-scenes help. If you have a child who takes part in the summer KID-STUFF program, thank the Guild: it arranges funding to pay some of the student leaders. A Guild-funded newsletter details the park's wildlife research projects. The autumn Elderhostel program is also under its sponsorship. As well, the Guild has funded historical research and been the driving force behind many special events.

If you'd like to join the Guild, membership is just $2.14. Guild members are entitled to a 10% discount on all purchases at the Guild's sales outlets, and are invited to all Guild-sponsored activities. Ask for a membership application at one of the sales outlets.

Art in the Park...

Local artist Peggy Woolsey leads workshops in a variety of artistic media for both young people and for adults. There is a participation fee for these workshops. Please ask at the Visitor Centre for more information about this summer's program.

What's New?

Chignecto Campground

Phase two of the renovations to Fundy's popular Chignecto campground took place over the past year. Eighty-one larger, more private sites with electrical and water hookups have transformed a second section of the campground into a much more enjoyable place to camp. We're sure that these new sites will be as popular as those which were renovated last year. New washroom buildings and a kitchen shelter were added, along with improved access to the dump station. Cyclists will enjoy an extension to the campground's growing system of bike paths, and children will find more fun at the upgraded main playground.

Golf Course Renovations

The golf course has had a facelift! New cart paths have been added to help golfers conquer the challenging terrain of Fundy's nine-hole course. Power cart rentals are available at the Pro Shop.

The restaurant overlooking the course has changed too: the Pro Shop has been relocated here, and there are renovated washrooms, lounge and dining areas, a snackbar and a new verandah with a view of the ninth hole. The building is wheelchair accessible.

A New Department

Behind the scenes, watch for signs of our new identity: "Canadian Heritage". Canada's national parks, national historic sites and historic canals now share the same department with other federal agencies which preserve, present and promote the growth of our national identity: the national museums, official languages, state ceremonial events, broadcasting, the arts and multicultural programs.

What a Wall!

When you're in the Visitor Centre, make sure you take in the wonderful new view of intertidal life created by local artist Peggy Woolsey. See how many different plants and animals you can pick out in this fascinating mural!

Comments?

Fundy National Park
P.O. Box 40, Alma, N.B. E0A 1B0

Your comments, suggestions or criticisms are of concern to us, and help us to improve our facilities and services. Drop off the completed form at any park facility.

Name _____ **Date** _____
Address _____
City _____
Province _____ **Code** _____
Reply requested ☐ **Reply not necessary** ☐

Numbers to Know

Park Information
887-6000
24-hour Emergency
882-2281
TDD
887-6015
Recorded Information
887-6016
RCMP
1-800-665-6663

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